



Wheeling Forward

Wheeling Pavilion Senior Center

October 2016

TIME TO RENEW

Happy Fall! As the trees shed their leaves and autumn begins, it is time to begin our 2017 membership renewal process.

Renew your membership now and enjoy another year of fun.

As a special bonus, bring a friend who has never been a member of the center and you will **BOTH** receive a coupon good for \$5 off a trip!

There is no limit to the number of coupons you can earn.

Coupon offer expires on December 30, 2016.



Are you interested in going to a show downtown, but don't want the hassle of driving there? Let Alysia know if you would be interested in any of these shows:

Finding Neverland
Phantom of the Opera
Aladdin

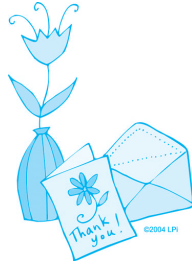
The King and I
Something Rotten
Beautiful



199 N. First Street • Wheeling, IL 60090 • 847-459-2670

PAVILION THANKS...

- Jeanne Annis, Marilyn Hams, Dolores Kelly, Joannie Purvin, Corky Weber, and Pinky Wennerstrom for assembling the Wheeling Forward newsletter.
- Geri Brockett, Renee Dicker, Michael Dunn, Marilyn Hams, Mary Ann Marabella, Pat Rizo, Alicia Ross-Rudolf, Bobbie Sfondilis, Roberta Vollriede and Corky Weber for volunteering at the front desk.
- Flo Feiner, volunteer Sing-a-Long musical director.
- Pat Miller, volunteer SHIP counselor
- Lunch at Pavilion volunteers Lee Becker, Michael Dunn, Kevin Frei, Czeslawa Gorka, Marilyn Hams, Darlene Kaplan, Marshall Kaplan, Barb LaHay, Anita Loewenstein, Smadar Mozes, Nurit Mozes, Joannie Purvin, Vilma Sanchez, Bobi Spiegel, and Carol Targun.
- Technology learning volunteers Gary Primack, Steve Rosengard, Ed Walsh, and Ludmila Zoob.
- Steven Meyer III for coordinating the Stitch and *itch group.
- MaryAnn Marabella for coordinating the community volunteers



SENIOR CITIZENS COMMISSION

Geri Brockett
 Marilyn Hams
 Pat Hawkins
 Marshall Kaplan
 Michael Kohen
 Gerald Malin
 Pat Miller
 Kathy Pico
 Jackie Portnoy
 Joannie Purvin
 Bobi Spiegel
 Roberta Vollriede
 Corky Weber

TRANSPORTATION RESOURCES

VILLAGE OF WHEELING SUBSIDIZED CAB PROGRAM

Discount (\$2 per voucher) by Village of Wheeling for Wheeling residents. To register, call the Senior Center at 847-459-2670. After receipt of enrollment card and vouchers you can make your own arrangements by calling American Cab Co. 847-253-4411 or 303 Cab Co. 847-537-0303.

WHEELING TOWNSHIP DIAL-A-RIDE/SENIOR DISABLED TRANSPORTATION

This service is a scheduled bus service using small buses. Passengers are picked up at their homes and taken to their destinations. Fare is \$2 each way. Preregistration and reservations are required and must be made 2 business days in advance. Call 847-259-7743 for information.

PACE PARATRANSIT BUS FOR PERSONS WITH DISABILITIES

Call PACE at 312-663-4357 to arrange for registration and an interview. Once certification process is completed, pre-arranged curb-to-curb service can be provided. The one-way fare for ADA Paratransit Services is \$3.00 for Cook County. If you need a companion with you, the companion rides free. **For handicapped riders only.**

RTA FREE OR REDUCED RIDE PROGRAM

Applications available at Pavilion Senior Center for a special users travel card that allows senior residents to travel on any RTA funded form of transportation free or at a reduced rate. Call 847-459-2670 for information.

PACE BUS SERVICE

PACE scheduled bus service with major destination stops at downtown Des Plaines, Mt. Prospect Metra Station, Randhurst Mall, Woodland Creek Apartments, Wheeling High School, Wheeling municipal complex, and Buffalo Grove terminal. Exact fare required. For information call the RTA Travel information center at 847-836-7000.

ESCORTED TRANSPORTATION SERVICE NORTHWEST

Program matches volunteer drivers with seniors 60 years of age and older who need a ride to and from their homes to doctor or dentist appointments. Call 847-222-9227. Donation of \$12 per round trip is suggested.

OCTOBER BIRTHDAYS

3

1 Anant Rawal
2 Joyce Sullivan
3 Harold LeVine
4 Nels Nelson
4 Carla Nochumson
4 JoAnn Revak
6 Maria Tumilowicz
6 Stuart Sosin
7 Linda Bressett
10 Lucja Geppert
11 Erica Young
13 Larry Weaver
13 John Yang
14 Robert Culver
16 Corrine Weber
17 Marilyn Naples
18 Paula Kramer

24 Aspasia Papas
25 Usha Ohri
25 Malgorzata Musial
26 Lorraine Brauer
26 Hedy Dagher
26 Toby Elrod
27 Vilma Sanchez
27 Martha Rivera
27 Marvin Kenneth
28 Barbara Forke
29 Charles Brownfield
31 Leah Singer



MEDICARE OPEN ENROLLMENT

Medicare Open Enrollment appointments are available on Wednesdays and Thursdays from 10:00 A.M.—3:00 P.M. starting October 19, 2016 through December 7, 2016.

Call 847-459-2670 for an appointment.

Things to bring to your appointment:

- **List of medications and your dose(s) of each
- **Name and address of preferred pharmacy
- **Current prescription drug plan information
- ** Current insurance information (Other than medicare)
- **Medicare card

COLOR FOR CALM

Join the new relaxation craze for adults! Enjoy the camaraderie and fun of —Coloring for Calm. We will provide the sophisticated pages to color as well as colored pencils. You bring your imagination!

Dates: Thursdays, thru December 29, 2016 (the group will not meet on November 24, 2016)
Time: 1:30—3:30 p.m.
Place: Wheeling Pavilion Senior Center
Cost: \$8 members/\$23 non-members

Advance registration is required.

Call the Senior Center at 847-459-2670 to reserve your space



4 WEEKLY PROGRAMS AND INFORMATION

SCHEDULE AT A GLANCE

MONDAY

9:00-10:00	Stay Fit w/Video
10:30-11:30	Wii Bowling & Games
11:30-12:30	Lunch at Pavilion
10:00-12:00	TLC (Technology Learning Center)
1:15-3:30	Canasta and Pinochle

TUESDAY

9:30-3:30	CJE Russian Speaking Social Worker by appt.
9:30-10:30	Stay Fit Fitness
10:00-12:00	Current Events
11:30-12:30	Lunch at Pavilion
12:30-3:30	Intermediate Bridge

WEDNESDAY

9:00-10:00	Stay Fit Fitness
9:30-10:00	Indian Trails Library Drop -Off and Pickup
10:00- 3:00	SHIP by appointment
10:30-11:30	Sing-a-Long (1st, 2nd, & 3rd WED only)
11:30-12:00	Blood Pressure (4th WED of the month)
11:30-12:30	Lunch at Pavilion
1:00-3:00	Stitch and *itch
1:00-4:00	Open Game Play

THURSDAY

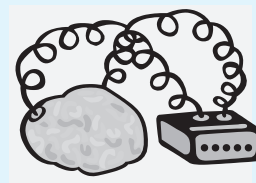
9:00-10:00	Stay Fit Fitness
10:00-3:00	SHIP by appointment
11:30-12:30	Lunch at Pavilion
12:30-3:30	Intermediate Bridge
1:00-3:30	Happy Hookers

FRIDAY

9:30-3:30	CJE Russian Speaking Social Worker by appt.
10:00-11:00	Brain Games (3rd FRI of the month)
10:00-12:30	Russian Tea Time Support Group (2nd & 4th FRI of the month)
10:30-11:30	Wii Bowling & Games
11:30-12:30	Lunch at Pavilion
1:00-2:00	Book Club (3rd Friday of the month)
1:15-3:30	Canasta

BRAIN GAMES

Playing games that encourage you to think is one of many ways to keep your memory sharp. Brain Games will help improve your focus, concentration, and memory through a series of exercises and games. Join us for a thought - provoking program of games to keep your brain sharp.



Date: Friday, October 28, 2016

Time: 10:00 a.m.

Place: Wheeling Pavilion Senior Center

Cost: **FREE** but reservations are requested in order to have enough materials for all in attendance.

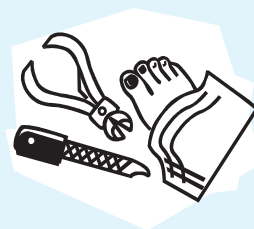
Call the Senior Center at 847-459-2670 to reserve your space for this exciting program.

FOOT DOCTOR

First Friday of every month

Dr. Nikola Ivancevic, DPM, comes to Pavilion Senior Center to provide foot care to Pavilion members. Medicare and most PPO insurance are accepted and will be billed by the doctor's office directly. Diabetic footwear also available.

Call Laura at 630-782-6557 to schedule your Friday appointment.



BLOOD PRESSURE SCREENING

Last Wednesday of every month
11:15 a.m.

Services provided by the Wheeling Township nurse, Karen McNeir, R.N.



MEMORY SCREENINGS AT THE PAVILION

WHO SHOULD BE SCREENED?

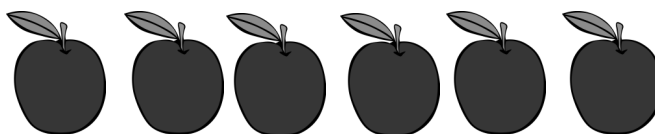
Memory screenings make sense for anyone who is concerned with memory loss or experiencing the warning signs of dementia. If family and friends have noticed changes, or those who believe they are at risk due to a family history of Alzheimer's disease or related illness, screenings and testing are advised. For anyone who does not have a concern at this time, but who wants to establish a base line score for comparison in the future, testing is also available.



**Wheeling Pavilion Senior Center,
199 N. 1st Street, Wheeling
by appointment only (30 minutes)
847-459-2671
ask for Jan Christiansen, MSW**

LENDING CLOSET

The Wheeling Pavilion Senior Center manages a lending closet of medical equipment available to Wheeling residents. Equipment is loaned for a period of 30 days for wheelchairs and 60 days for all other medical equipment. If you or someone you know are in need of any equipment, call the front desk at 847-459-2670.



YOUR CLOCK IS TICKING/BUCKET LIST

What do you want to do before you die? STOP procrastinating and making excuses why you can't do something. By creating a list of things you want to do before you "kick the bucket," or just keep track of things that you have already done, you can focus on enjoying and fulfilling your life. AND, it's never too late to start one. JOIN US!!!!

This group will meet every **THIRD FRIDAY** of each month in 2016 – October 21; November 18 & December 16

Place: Wheeling Pavilion Senior Center
199 N. First Street
Wheeling, IL 60090

Time: 10:30 a.m.-11:30 a.m.

Group

Facilitator: Jan Christiansen, MSW
Social Services...1-847-459-2671

TELEPHONE REASSURANCE



"How are you doing?" Register for our telephone reassurance program and answer that question for us when we call you on Monday-Friday mornings before 9:00 a.m.

For more information, or to register, please call Jan at the Wheeling Pavilion Senior Center at 847-459-2671.



SNEEK PEAK

Here are some of the events and trips coming up in the next several months. Please note: registration is not open yet. Watch your newsletter for further information.

End -of -Year Celebration December 29, 2016



Winter Blues Buster Party January 26, 2017



Patterson Glass Trip February 16, 2017



Saturday Night Fever, Lunch and Show
March 9, 2017



My Way: A Tribute to Frank Sinatra, Lunch and Show
March 15, 2017



SPECIAL NEEDS RESIDENT LIST

The Village of Wheeling Special Needs Resident Notification (IL Premise Alert Program Public Act 96-0788) is available to all Wheeling residents. The IL Premise Alert allows people with special needs to provide information to police, fire, and EMS personnel to be kept in a database. This information will be provided to responders dealing with situations involving the special needs individuals.



To let emergency personnel know about you or your family members' special needs, pick up a form at the Police Department or Pavilion Senior Center or download from the Village website under "Premise Alert". Forms may be completed onsite, or you may send them to the Wheeling Police Department Communications Supervisor at 1 Community Boulevard, Wheeling, IL 60090. Your information will not be shared with anyone outside of the emergency personnel of the Village of Wheeling and any other agency needed to provide emergency response. The information provided on the list will not result in preferential treatment, or change the response of trained emergency personnel. Inclusion on the list will result in emergency responders being better prepared to assist individual residents with special needs.



Please contact either the Human Services Department at 847-459-2606 or the Wheeling Police Department Communications Supervisor

STATE OF IL BENEFITS FOR SENIORS



The benefits now available are:

- Seniors Free Transit Ride;
- The Persons with Disabilities Free Transit Ride, and
- Secretary of State License Plate Discount.



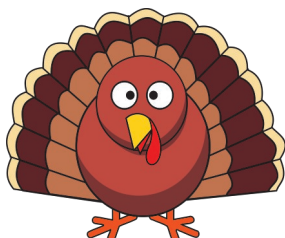
To be determined eligible for these benefits, you must submit a **Benefit Access Application** on the Internet. Paper applications are not available.

**Call the Wheeling Pavilion Senior Center
at 847-459-2670 for an appointment.**

Save the Date

Thanksgiving Luncheon November 18

Entertainment by Sandi Haynes



NEWS TO KNOW

AARP DRIVER SAFETY PROGRAM

The AARP Driver Safety Program is an 8 hour program designed to help you understand the effects of aging on your driving and learn driving strategies that take into account the changes we experience as we age. Completion of this program may entitle you to receive discounts on your auto insurance. Attendance on both days is required to receive a certificate that may reduce your auto premiums. Checks should be made payable to AARP. Registration and payment must be received by October 17, 2016.

Dates: Mondays, November 7 and 14, 2016
 Time: 8:30 A.M. – 12:30 P.M.
 Place: Wheeling Pavilion Senior Center
 199 N. First Street, Wheeling
 Cost: \$15 for AARP members/\$20 for non -AARP members
Checks should be made payable to AARP.



RULES OF THE ROAD

The Wheeling Pavilion Senior Center will be offering a Rules of the Road class in preparation for the test. Come and refresh your memory so you can “Ace” your exam!

Date: Wednesday, November 16, 2016
 Time: 10:00 a.m. – 12:00 p.m.
 Place: Wheeling Pavilion Senior Center
 Cost: Free but advance registration is required

Please register for this program
 at the Wheeling Pavilion Senior Center, 199 N. 1st Street,
 Wheeling or call 847-459-2670 for more information.



COUPON

This coupon is good for \$2 off any trip that is \$25 or more. Coupon expires November 14, 2016.

This coupon can only be used once. This coupon is not valid for previous registration and can only be used for a trip.

This coupon is not valid for restaurant trips.

Name of person using coupon _____

Date coupon was used and staff initials _____

Trip used for _____

LUNCH AT PAVILION

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Join us for a great meal and great friends at LUNCH AT PAVILION. Excellent NEW menu selections, restaurant atmosphere, and table service — you can't beat it! The Senior Center hosts meal service for anyone 60 years and better.

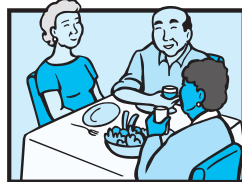
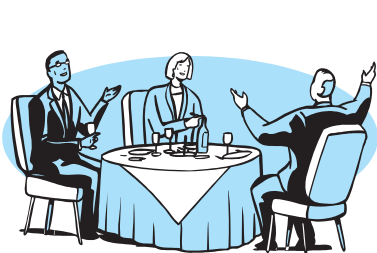
A nutritionally-balanced lunch is served **Monday thru Friday** from 11:30 a.m. until 12:30 p.m. Reservations are required and must be made by Wednesday for the following week. Each diner will receive written information regarding the cost of the meal and will have the opportunity to contribute to part or all of the cost. Social activities and informational programs are included as part of this program.

Funds (in whole/part) for the Lunch at Pavilion program are provided through an award from AgeOptions through grants from the Illinois Department on Aging and/or Administration for Community Living, U.S. Department of Health and Human Services under Title III of the Older American Act. The suggested donation for the lunch is \$4.00 per meal. No one will be turned away for inability to donate. Frequent diners can make a \$15 donation for a 5-meal Lunch at Pavilion ticket. Cards are available at the front desk at the Wheeling Pavilion Senior Center. THE CARDS HAVE NO EXPIRATION DATES.

The Village of Wheeling does not discriminate in admission to programs or activities or treatment of employment in compliance with appropriate State and Federal statutes.

Each time you check in for lunch, we ask that you present your card to have the meal card marked for that day's meal. The Lunch at Pavilion program is committed to providing meals to all older adults 60 and better, regardless of ability to pay. If you are financially unable to purchase a punch card, please see Shari or Alysia, and they will gladly assist you. Meals are catered by Hoffman House. Lunch is often followed by a presentation, a speaker, or musical entertainment.

For more information regarding how to register or volunteer, please contact the Wheeling Pavilion Senior Center at 847-459-2670 and ask for Jesus Delgado.



PLEASE LET US KNOW IF YOU WOULD PREFER TO PICK UP YOUR NEWSLETTER

_____ I prefer to pick up my newsletter at the Wheeling Pavilion Senior Center
(or indicate below name of person who will pick up newsletter for you)

Signature of Member

Name of person who will pick up newsletter for me

Please clip this coupon and bring it in or mail it to the Wheeling Pavilion Senior Center no later than October 3, 2016. All future newsletters will be held for pickup at the front desk.

Funds (in whole/part) for the Lunch at Pavilion program are provided through an award from AgeOptions through grants from the Illinois Department on Aging and/or Administration for Community Living, U.S. Department of Health and Human Services under Title III of the Older American Act. The suggested donation for the lunch is \$4.00 per meal. No one will be turned away for inability to donate. Frequent diners can make a \$15 donation for a 5-meal Lunch at Pavilion ticket. Cards are available at the front desk at the Wheeling Pavilion Senior Center. THE CARDS HAVE NO EXPIRATION DATES. *THE PROGRAMS LISTED BELOW WILL BEGIN AT APPROXIMATELY NOON UNLESS OTHERWISE NOTED.*

PATIENT CONFIDENTIAL: TIPS AND ADVICE TO KEEP YOU SAFE AS YOU NAVIGATE THE HEALTHCARE SYSTEM

Monday, October 3, 2016

Author and attorney Richard Lang shares everything you need to know to maximize any healthcare experience, including office visits, tests, surgery, hospitalizations, and more. *This program is sponsored by the Indian Trails Public Library and will begin at 12:15 P.M.*

SCAM UPDATE WITH OFFICER LAVERD

Tuesday, October 4, 2016

Officer Laverd from the Wheeling Police Department will be here to talk about the latest scams and how to protect yourself from becoming a victim.

JOHN BODA PRESENTS: ELVIS AN AMERICAN IDOL

Wednesday, October 5, 2016

Elvis Presley is called "The King of Rock and Roll", but he also did so many other styles and was an international movie star!



JIM KENDROS PRESENTS: THE PHANTOM OF THE OPERA

Friday, October 7, 2016

Join Jim as he discusses the classic production, "The Phantom of the Opera". Hear accounts of this well-known story.



OKTOBERFEST

Friday, October 14, 2016

Enjoy a delicious lunch complete with apple strudel followed by entertainment from the Die Musikmeisters German duo.

LIZZIE BORDEN: TRUE CRIME STORY

Friday, October 21, 2016

Ed Dzialo presents a profile of notorious citizen Lizzie Borden, of Fall River, Massachusetts, who was tried and acquitted for the 1892 axe murders of her father and stepmother. *This program is sponsored by the Indian Trails Public Library and will begin at 12:15 P.M.*



FRANK LLOYD WRIGHT AND ROUTE 66

Wednesday, October 26, 2016

Speaker Dave Clark takes you on a journey with Frank Lloyd Wright and a group of architecture students who set out in an old truck down Route 66 on a journey to Arizona that became an annual event. *This program is sponsored by the Indian Trails Public Library and will begin at 12:15 P.M.*



HALLOWEEN PARTY

Monday, October 31, 2016

Come as you are or would like to be. Wear a costume and celebrate Halloween at the Wheeling Pavilion. Peter Miletic will be here to rock the house.



WELCOME NEW MEMBERS

DOREEN LINETSKY
BETTY GIAMBRONE
MARILYN JEAN HALLS
BARBARA KAMISH
BARRY KAMISH



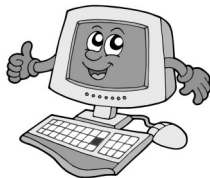
BOOK CLUB

You are invited to join the Senior Center Book Club, which meets *in the library room at the Wheeling Pavilion Senior Center* the third Friday of every month at 1:00 p.m. Please join us!
Contact Diana at 847-459-2670



WOULD YOU LIKE TO KNOW WHAT IS HAPPENING AT THE SENIOR CENTER BETWEEN NEWSLETTERS?

WOULD YOU LIKE TO RECEIVE UPDATES ON NEW PROGRAMS AND TRIPS? IF YOU ANSWERED YES, THEN SEND YOUR E-MAIL ADDRESS TO DIANA AT DMURILLO@WHEELINGIL.GOV



10:00 too early for you?
We're sorry!
Tuesday a bad day for you?

STOP!

Just get here. Drag your poor body to the Wheeling Pavilion Senior Center. We'll provide the coffee.

CURRENT EVENTS
WE'LL BE LOOKING FOR YOU!



WANTED!

A few good men and women for a weekly game of either Gin or Hearts. The group plays every Thursday from 1:00–3:00 P.M.

If you are interested, please contact the Wheeling Pavilion Senior Center at 847-459-2670.



ARE YOU INTERESTED...

in Mah Jong Lessons or Bridge lessons?
If so, please contact Alysia at 847-459-2670



STITCH AND *ITCH

Come *itch with us and stitch away your troubles! Come join us for an afternoon of stitching at the Wheeling Pavilion Senior Center. Bring your projects and join the fun. No experience necessary. Just bring your talent!

Dates: Wednesday afternoons
Time: 1:00 p.m. – 3:00 p.m.
Place: Wheeling Pavilion Senior Center
Cost: FREE



Computer Learning Center

TECHNOLOGY LEARNING CENTER (Formerly BUGS).

Date and Time

Every Monday from 10:00 a.m. to 12:00 p.m. Please sign-up at the front desk by the previous Friday before to assure a volunteer is available.

Other available classes

eBay Basics, eBay Buying & Selling, Digital Camera, Skype, Online Banking

To be scheduled with instructor

Did you recently receive a Tablet or Smart Phone? Get off to the right start by learning how to use it!

Tablets have many features of laptop computers with an easier learning curve. They are extremely portable and simple to use for email, texting, Internet searching, learning and taking great pictures and movies. Enjoy the new technology without fear. Coaching is available for a donation to our Technology Replacement Fund. Schedule will be arranged with you by the instructor. Sign up at the front desk and surprise your grandchildren with your newfound technical knowledge. You will also be surprised at how easy it is to enjoy this new device. Applies to iPad and Android devices.



**CHECK-UP TIME**

Take a look outside...its October! That means changing colors, leaves falling, Halloween, candy, costumes (although all of those too) but its **MEDICARE OPEN ENROLLMENT TIME!**

This is the annual time each year to review all your personal papers, not only medical, but also life, home and car insurance, to see if any changes need to be made. If anything in your lives has changed, such as moving, divorce, or loss of spouse, or anything else, this is the time to make those changes.

For your medical insurance, make sure you are happy with your doctor and you are able to continue seeing them and that they have all your records and know your medical history. If you are unhappy with your doctors, now is also the time to change. Just make sure your new doctor(s) accept Medicare and your insurance policy. If you are also unhappy with your insurance policy's coverage or service, whether it be a supplemental (Medigap) policy or advantage policy now is also is the time to make changes. Maybe this year you can qualify for Extra Help with your prescriptions, or you would like to change Part D drug plans because a lot of drug costs have increased. Maybe this is the year you can qualify for senior discounts for certain state programs. It is also important if you have retired or quit working, and are now qualified for Medicare. Do not get penalized for signing up late.

These changes also include life, auto, and car insurance; maybe you have sold your car, or family make-up has changed; it is important to check with a financial person to make sure you are fully covered. You do not want to get yourself into a predicament and find out your insurance coverage is not adequate.

Most of the above changes, if necessary, can be done through a **SHIP** representative. Even if you don't think you need any changes, it is best of have a **SHIP** representative review your current coverage. If you don't need any changes, then you have the peace of mind that you are fully covered. You can call the Senior Center to make an appointment. This change period only lasts through the first week in December, so do not wait. Any changes will not become effective until January 1, 2017.

Pat Miller, **SHIP** Counselor
Wheeling Pavilion Senior Center
1-847-459-2670

**WHEELING PAVILION SENIOR FOUNDATION**

The Wheeling Pavilion Senior Foundation (WPSF) is currently accepting membership applications. As a member, you or your business, will be supporting the work of the foundation. The foundation contributes to the health, enrichment, social and supportive services of Wheeling residents ages 50 and older.

The Foundation was established in April, 2010 as a charitable 501-C3 organization. Funds collected by the Foundation are distributed in support of important programs and projects. We help build better services and programs for seniors in Wheeling.

If you like volunteering we can use your help on the board and in fundraising. For membership applications, or volunteer positions, please contact WPSF 847-459-2670.

INDIAN TRAILS PUBLIC LIBRARY

The Indian Trails Public Library will have a representative here on Wednesday mornings from 9:30–10:00 a.m. If you would like specific materials from the library, call the library and ask them to send it on Wednesday morning. You can then pick up your materials the next time you come into the Senior Center. Don't know what to read? Stop in and speak with the library representative and ask for suggestions! Stop in and browse the books that library staff bring in each week. You just may find a new favorite author. Call the Senior Center at 847-459-2670 for details.



WHEELING PARK DISTRICT

SENIOR SCRAMBLE GOLF EVENT

Wednesday, October 5, 9 AM Shotgun Start

Location: Traditions at Chevy Chase Golf Course

Fee: \$65/person

Make your own four-person team for this scramble event. No handicaps required. Fee includes golf, cart, prizes, and pig roast with all the fixin's. *Full team payment required at registration.*

Register at the Chevy Chase Golf Shop or call 847-465-2300.

OKTOBERFEST

Friday, October 7, and Saturday, October 8, 5-9 PM

Location: Heritage Park Performance Pavilion

Daily Admission: \$5/person; children 12 years and under FREE

Join us for two days of food, merriment and music at our inaugural Oktoberfest event. This outdoor festival brings friends, neighbors and families together to enjoy a party atmosphere. We'll have German and domestic beer, bratwurst, and live entertainment by two of the Chicago-area's most popular bands: 7th Heaven and Bella Cain.

For more information, call (847) 465-3333.

CHAIR YOGA

Friday, 10/28-12/16, 10:30-11:30 AM

Location: CRC

Instructor: Nancy Rabenau

Fee/Resident/Member: \$74/\$67/\$60

Chair Yoga is for those who do not feel comfortable getting on the floor to exercise on the Yoga mat, but could still benefit from the techniques used in Yoga. Learn the exercises with personalized modifications while sitting in a chair. No experience necessary. *No class 11/25.*

For more information, call 847-465-3333.

PICKLEBALL

Every Tuesday and Thursday morning (9 AM-12 PM) and Friday evening (6-9 PM)

Location: CRC gym, 333 W. Dundee Road, Wheeling

Fee: \$3/Resident; \$4/Non-Resident

The game is played using solid paddles and a brightly-colored whiffle ball on a hard surface. Enjoy this drop-in program when it's convenient for you. Some equipment is provided or bring your own.

For more information, call (847) 465-3333.

WHEELING WALKS

Join our community walking/running club and improve your health one step at a time. It's easy, fun and free, and you'll never walk alone!

Every Saturday at 9:30 AM

Location: Heritage Park Performance Pavilion

AGE: All ages

Bring the whole family. Take the ½-mile stroll along the lake or walk the 1-mile path around the lake; there also is a 1.5-mile path around the lake and athletic fields and a 2-mile route to Wolf Road along the pedestrian overpass and back to the lake path. Choose whichever option works best for you. Walk leaders are on hand to guide you. Benches, indoor restrooms, and water fountains are available along the way.

For more information, call 847-465-3333.

Wheeling Walks is offered in cooperation with the Village of Wheeling Board of Health.

LOU MALNATI'S DINNER OUT

Enjoy dinner out with friends at Lou Malnati's Pizza. Enjoy their delicious variety of pizza, sandwiches, and salads.

Date: Thursday, October 6, 2016

Time: Meet at the restaurant, 85 S. Buffalo Grove Road in Buffalo Grove

Cost: The cost of the dinner will depend on what you order.

When you register, we will be asking for a \$2 cash deposit to reserve your space. The deposit will be returned to you at the restaurant the evening of the dinner.



OKTOBERFEST

Oktoberfest is a celebration of Bavarian culture and is typically held in the fall. Join the celebration at the Wheeling Pavilion Senior Center as we feast and enjoy the music of the "Die Musikmeisters German Band".

Date: Friday, October 14, 2016

Time: The program will start immediately after Lunch at Pavilion (Approximately 12:00 p.m.)

Place: Wheeling Pavilion Senior Center

Cost: Lunch at Pavilion is funded partially with funds granted by Age Options, the suburban area agency on aging, with funds from the Federal Administration on Aging and the IL Department of Aging. The suggested donation for the lunch is \$4.00 per meal. No one will be turned away for inability to donate. Frequent diners can make a \$15 donation for a 5-meal Lunch at Pavilion ticket. Cards are available at the front desk at the Wheeling Pavilion Senior Center. THE CARDS HAVE NO EXPIRATION DATES.



SMOKEY JOE'S CAFE

Smokey Joe's Café features nearly 40 of the greatest songs ever recorded, covering the classic themes of love won, lost, and imagined, blended with hilarious set-pieces and slice of life emotions. Some of the many songs featured include "Hound Dog", "Love Potion #9", "Yakety Yak", "Charlie Brown", and "Jailhouse Rock". This production will have you singing, clapping, and dancing along with the performers. The cost of this trip includes transportation, your choice of Pecan Crusted Tilapia or Chicken Breast Marsala for lunch, and theatre ticket.

Date: Thursday, October 13, 2016

Time: Meet at the Wheeling Pavilion at 10:15 a.m. The bus will leave at 10:30 a.m.

Place: Drury Lane Theatre in Oakbrook Terrace, Illinois

Cost: \$76 members/\$91 Non-members by September 8, 2016

\$81/\$96 September 9 – 19, 2016 if space is available

No reservations, refunds, vouchers after September 16, 2016



TUESDAY EVENING AT PAVILION

The Wheeling Pavilion Senior Center will be open for games and conversation with friends. Please bring your favorite games and your own snacks, if desired. There is NO CHARGE for this event, but we ask that you register so we know how many people will be attending.

Date: Tuesday, November 1, 2016

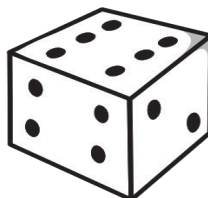
Time: 6:00 p.m. – 8:00 p.m.

Place: Wheeling Pavilion Senior Center

Cost: FREE, but registration is requested

Call the Senior Center at 847-459-2670 to reserve your space.

We must have a minimum of 6 people registered in order to keep the center open!



MOTOWN AND MORE

Enjoy a delicious lunch at White Fence Farm followed by a performance of Motown and More. Don't miss a fabulous performance of your favorite 60's and 70's hits! Get ready to sing and dance to the Motown beat with sensational vocalist Paula Williams. Now you can be one of the Temptations, Pips, and the Supremes!

Date: Wednesday, October 19, 2016
Time: Meet at the Wheeling Pavilion Senior Center at 10:15 a.m. The bus will leave at 10:30 a.m.
Place: Romeoville
Cost: \$56 members/\$71 non-members by September 6 2016
\$61 members/\$76 non-members September 7 - September 16, 2015
No refunds or credits after September 6, 2016



THE RAM

Join us for a Really Amazing Meal at the Ram, 700 N. Milwaukee in Wheeling. We will meet at the restaurant at 5:30 p.m. Meet new friends, enjoy your current friends, and have a fun evening.

Date: Wednesday, June 15, 2016
Time: Meet at the RAM at 5:30 p.m.
Place: 700 N. Milwaukee, Wheeling
Cost: There will be separate checks for everybody so the cost of this event depends on what you order at the restaurant.

When you register, we will be asking for a \$2 cash deposit to reserve your space. The deposit will be returned to you at the restaurant the evening of the dinner.



FOUR WINDS CASINO

Enjoy a day away as we journey to New Buffalo, Michigan to try our luck at the Four Winds Casino. The cost of this trip includes round trip transportation, a \$10 food credit, and \$15 instant slot credit. ****If you already have a card for Four Winds Casino, please provide that number when you register for this trip.**

Date: Thursday, October 27, 2016
Time: Meet at the Wheeling Pavilion Senior Center at 8:45 a.m. The bus will leave at 9:00 a.m.
Place: New Buffalo, Michigan
Cost: \$42 members/\$57 non-members

Please note: No reservations, refunds or credits after September 29, 2016

Expected return time is approximately 6:00 p.m. depending on traffic.



MANNY'S DELI

Enjoy one of the best corned beef sandwiches around at the famous Manny's Deli in Chicago. Many other deli treats are available as well. The cost of this trip includes a \$15 gift card to be used for lunch.

DATE: Monday, December 5, 2016
Time: Meet at the Wheeling Pavilion Senior Center at 10:30 a.m. The bus will leave at 10:45 a.m.
Location: Chicago
Cost: \$29 members/\$44 non-members until the trip is full.



ILLINOIS HOLOCAUST MUSEUM

Learn about this period in our history. We will have a docent-led tour of this museum.

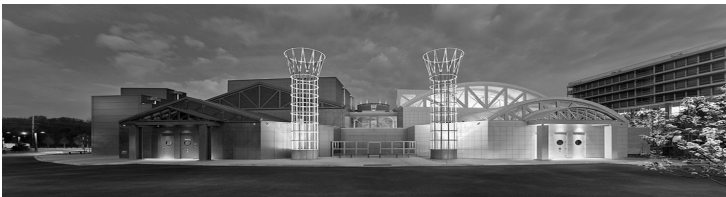
Date: Thursday, November 3, 2016

Time: Meet at the Wheeling Pavilion at 12:00 p.m.

Cost: \$20 members/\$35 non-members until all spaces are filled.

Place: Skokie

Make your reservation to join us for Lunch at Pavilion before the trip.



CRAZY FOR YOU

This romantic Gershwin musical comedy follows Bobby Child, a New York banker with a craving for show business, who is sent to foreclose on a theatre in a small mining town. After falling in love with a local girl, he vows to put on a show to save the failing theatre. *Crazy for You* takes memorable Gershwin tunes like "I Can't be Bothered Now", "I Got Rhythm", "Nice Work If You Can Get It", and "Someone to Watch Over Me", and brings new life into them. *Crazy for You* is a vivacious show filled with mistaken identity, plot twists, and fabulous dance numbers that will leave you singing after the show is over. The cost of this trip includes roundtrip transportation, theatre ticket, and your choice of roast beef or tilapia for lunch.

Date: Wednesday, November 30, 2016

Time: Meet at the Pavilion at 10:15 a.m. the bus will leave at 10:30 a.m.

Place: Drury Lane in Oakbrook Terrace

Cost: \$77 members/\$92 non-members by November 1, 2016.

Please note: No refunds, credits, or vouchers after November 1, 2016 as we must give the venue a final count and payment at that time.



FIRESIDE CHRISTMAS

Travel with us to the Fireside Theatre in Fort Atkinson, Wisconsin for lunch and a production of "A Fireside Christmas". This tradition has made The Fireside the number one choice for Christmas entertainment for guests around the nation and world. This show will re-kindle the Christmas spirit in all of us. Enjoy a delicious lunch featuring fresh from the oven breads, salad, beef and chicken, vegetables, and dessert. Find that special gift for that special someone in the Fireside's unique shops.

Date: Wednesday, November 9, 2016

Time: Meet at the Wheeling Pavilion at 8:15 a.m. The bus will leave at 8:30 a.m. (Please note the travel time each way is approximately 2 hours, depending on traffic.)

Place: Fireside Theatre in Fort Atkinson, Wisconsin

Cost: \$117 members/\$132 non-members by September 23, 2016

Please note: We must have a minimum of 12 people registered by September 23, 2016 in order to run this trip.

No refunds or credits after September 23, 2016 as we must give a final count and payment to the venue at that time. (This trip is rated "4 shoes" to the length of the trip. There is actually very little walking involved)



CHRISTMAS ONCE MORE

Join guitarist Dave Byron and Legacy Girl Renee Hein as they celebrate the season with all of your favorites and a few surprises. The cost of this trip includes round-trip transportation, lunch, and a ticket to the show.

Date: Friday, December 9, 2016

Time: Meet at the Pavilion at 10:15 a.m. The bus will leave at 10:30 a.m.

Place: Chandler's Chophouse
Schaumburg

Cost: \$58 members/\$73 non-members

Please note: No refunds, credits, or vouchers after November 1, 2016 as we must give a final count and payment to the venue at that time.



OCTOBER 2016 CALENDAR OF EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>9:00 Exercise Video 10:00 TLC (formerly BUGS) 11:00 Wii Bowling 11:30 Lunch at Pavilion 12:00 Patient Confidential: Tips and advice to keep you safe as you navigate the healthcare system. 1:15 Canastol Pinochle Beginner Computer Tutoring by appt</p>	<p>4</p> <p>9:30 Exercise 10:00 Computer Class by appt 10:00 Current Events 11:30 Lunch at Pavilion 12:00 Officer Laverd: Scam Update 12:30 Bridge 1:00 Community Volunteer Group CJE Russian Speaking Social Worker by appt</p>	<p>5</p> <p>9:00 Exercise 9:30 Indian Trails Library Drop Off 10:30 SHIP by appt with Pat Miller 10:30 Sing-A-long 11:30 Lunch at Pavilion 12:00 John Boda Presents: Elvis an American Idol 12:00 Stitch and Tich 1:00 Open Game Play 3:00 Rabbi Gordon</p>	<p>6</p> <p>9:00 Exercise 10:00 Computer Class by Appt 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Happy Hookers 1:30 Color for Calm 5:30 Dinner Out Lou Malnatis SHIP by appt 10-3</p>	<p>7</p> <p>9:15 Foot Doctor 10:00 Computer Class by Appt 11:00 Wii Bowling 11:30 Lunch at Pavilion 12:00 Jim Kendros presents: The Phantom of the Opera 1:00 Canastol CJE Russian Speaking Social Worker by appt</p>
<p>10</p> <p>We are closed in observance of Columbus Day</p>	<p>11</p> <p>9:30 Exercise 10:00 Computer Class by appt 10:00 Current Events 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Community Volunteer Group CJE Russian Speaking Social Worker by appt</p>	<p>12</p> <p>9:00 Exercise 9:30 Indian Trails Library Drop Off 10:30 SHIP by appt with Pat Miller 10:30 Sing-A-long 11:30 Lunch at Pavilion 12:00 Stitch and Tich 1:00 Open Game Play</p>	<p>13</p> <p>9:00 Exercise 10:00 Computer Class by Appt 10:15 Smokey Does Cafe at Drury Lane 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Happy Hookers 1:30 Color for Calm SHIP by appt 10-3</p>	<p>14</p> <p>10:00 Computer Class by Appt 10:00 Russian Tea Time Support Group 11:00 Wii Bowling 11:30 OCTOBERFEST Lunch at Pavilion 1:00 Canastol CJE Russian Speaking Social Worker by appt</p>
<p>17</p> <p>9:00 Exercise Video 10:00 TLC (formerly BUGS) 11:00 Wii Bowling 11:30 Lunch at Pavilion 1:15 Canastol Pinochle Beginner Computer Tutoring by appt</p>	<p>18</p> <p>9:30 Exercise 10:00 Computer Class by appt 10:00 Current Events 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Community Volunteer Group CJE Russian Speaking Social Worker by appt</p>	<p>19</p> <p>9:00 Exercise 9:30 Indian Trails Library Drop Off 10:30 SHIP by appt with Pat Miller 10:15 Motown & More 10:30 Sing-A-long 11:30 Lunch at Pavilion 12:00 Stitch and Tich 1:00 Open Game Play</p>	<p>20</p> <p>9:00 Exercise 10:00 Computer Class by Appt 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Happy Hookers 1:30 Color for Calm SHIP by appt 10-3</p>	<p>21</p> <p>10:00 Computer Class by Appt 10:30 Your Clock is Ticking Group 11:00 Wii Bowling 11:30 Lunch at Pavilion 12:00 Lizzie Borden 1:00 Book Club 1:00 Canastol CJE Russian Speaking Social Worker by appt</p>
<p>24</p> <p>9:00 Exercise Video 10:00 TLC (formerly BUGS) 11:00 Wii Bowling 11:30 Lunch at Pavilion 1:15 Canastol Pinochle Beginner Computer Tutoring by appt</p>	<p>25</p> <p>9:30 Exercise 10:00 Computer Class by appt 10:00 Current Events 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Community Volunteer Group 6:00 Tuesday Evening at Pavilion CJE Russian Speaking Social Worker by appt</p>	<p>26</p> <p>9:00 Exercise 9:30 Indian Trails Library Drop Off 10:30 SHIP by appt with Pat Miller 10:30 Sing-A-long 11:30 Lunch at Pavilion 12:00 Frank Lloyd Wright & Route 66 12:00 Stitch and Tich 1:00 Open Game Play</p>	<p>27</p> <p>8:45 Four Winds Casino 9:00 Exercise 10:00 Computer Class by Appt 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Happy Hookers 1:30 Color for Calm SHIP by appt 10-3</p>	<p>28</p> <p>10:00 Computer Class by Appt 10:00 Brain Games 10:30 Russian Tea Time Support Group 11:00 Wii Bowling 11:30 Lunch at Pavilion 1:00 Book Club 1:00 Canastol CJE Russian Speaking Social Worker by appt</p>
<p>31</p> <p>9:00 Exercise Video 10:00 TLC (formerly BUGS) 11:00 Wii Bowling 11:30 Lunch at Pavilion Halloween Party 1:15 Canastol Pinochle Beginner Computer Tutoring by appt</p>	<p>JAYCEES PARTY</p> <p>Sunday October 23, 2016 Doors Open at 11:00 AM Lunch at 11:30 AM</p>			

TRIP AND PROGRAM CANCELLATION POLICY

Generally, if you cancel your reservation 7 business days or more before the event, we will work with you to fill your space with someone from the waiting list. If we can fill it, you will either be issued a credit voucher or you can work out an exchange with the person filling your space.

Please note: Due to dates we must make final payments, the refund deadline for trips will vary.

Check specific information for each trip.

If cancellations are made less than 7 business days before the event or after final payment date posted, a credit will not be given.

AN IMPORTANT NOTE ABOUT TRAVELING WITH OUR GROUP

When traveling with the Wheeling Pavilion Senior Center, it is expected that the participant will arrive with the group, stay with the group, and travel back to the Senior Center with the group. In addition, it is expected that the participant will go directly from the bus into the venue as directed by the activity coordinator. **No Exceptions!** Program credits will be given in full for programs or trips cancelled by the Senior Center.

HELPFUL HINTS TO MAKE SURE A FUN TIME IS HAD BY ALL !

- Please be sure to REGISTER EARLY TO AVOID DISAPPOINTMENT.
- We need to make monetary commitments to our venues at least 6 weeks in advance. If we don't have enough advance reservations, we may be forced to cancel a trip.
- If there is a menu option, please specify your choice when you register for the trip or program. Please note: menu options cannot be changed. *Be sure to read the menu carefully if you have any allergies or dietary needs. Contact Alysia if you need dietary accommodations.*
- Please carefully read the refund policy, the waiver, and caregiver policy before signing up for a trip. If you cannot "keep up" with the trip requirements, someone needs to accompany you as the trip coordinator cannot split up her time to care for individual needs.
- Please arrive on time for a trip as indicated as the bus cannot wait more than 5 minutes past the indicated time. If there are any questions regarding when to arrive for a trip, please ask someone at the reception desk or call Alysia at 847-459-2670 between the hours of 8:00 a.m. and 4:00 p.m.

TRIP ETIQUETTE

Please respect your trip coordinator, bus driver, dining staff, theatre/venue staff, and all those who work very hard to make your experience a pleasant one. If there is free time, please arrive back at the bus or designated area at the time and place assigned by the trip coordinator. Please be respectful of your peers on the trip. If you go on a trip and it is deemed that a caregiver is needed for future trips, you will be asked to provide one before registering for more Senior Center trips. Unacceptable behavior will not be tolerated and will be reported to the Senior Center director who will assess whether or not the individual may attend future Senior Center trips.

CAREGIVER POLICY

It is the intent of the Senior Center to provide travel opportunities that are educational and stimulating for a wide variety of interests. Due to the time and intensive nature of supervising such an event, our staff cannot be responsible for providing personalized caregiver attention to individuals, i.e. assisting with ambulation, toileting, dining, cognitive impairment assistance, etc. Therefore, the Senior Center reserves the right to deny a travel registration if it is determined that caregiving of this nature is required for a traveler. If the traveler has a caregiver accompanying them, the caregiver MUST complete his/her own registration form and payment.



VILLAGE OF WHEELING
PAVILION SENIOR CENTER
199 N. First Street
Wheeling, IL 60090-0567

The Wheeling Pavilion Senior Center is committed to accessibility for individuals with disabilities. The Pavilion's policy is to reasonably accommodate people with disabilities in accordance with the Americans with Disabilities Act (ADA). If you should require special accommodations at one of our functions call the Pavilion at (847) 459-2670 in advance.

VILLAGE OF WHEELING BOARD OF TRUSTEES

Dean S. Argiris, *President*
Kenneth Brady, *Trustee*
Mary Krueger, *Trustee*
Ray Lang, *Trustee*
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Joe Vito, *Trustee*
David Vogel, *Trustee*
Elaine Simpson, *Village Clerk*

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Shari Matthews Huizar, *Director of Human Services*
Alysia Miller-Goldstein, *Program Planner*
Jan Christiansen, *Social Worker*
Diana Murillo, *Secretary*
Sharon Greenberg, *Clerk*
Braulio Hernandez, *Custodian*
Jesus Delgado, *Dining Coordinator*